

<http://socioecohistory.wordpress.com/2009/07/15/dr-russell-blaylock-vaccine-may-be-more-dangerous-than-swine-flu/>

<http://socioecohistory.wordpress.com/2009/06/25/1976-swine-flu-vaccination-propaganda-and-the-side-effects/>

<http://vodpod.com/watch/2074017-dr-russell-blaylock-on-alex-jones-tv-13harmful-side-effects-of-the-swine-flu-vaccine>

Swine Flu vaccine info for your review

This is a health alert from Dr. Russell Blaylock concerning swine flu. Attached is a bio on his professional credentials.

On Fri, 7/24/09, Russell Blaylock wrote:

"No one should take the swine flu vaccine—it is one of the most dangerous vaccines ever devised. It contains an immune adjuvant called squalene (MF-59) which has been shown to cause severe autoimmune disorders such as MS, rheumatoid arthritis and Lupus. This is the vaccine adjuvant that is strongly linked to the Gulf War syndrome, which killed over 10,000 soldiers and caused a 200% increase in the fatal disease ALS (Lou Gehreg disease). This virus H1N1 kills by causing a “cytokine storm”, which means that it cause the body’s immune system to overreact and that is why it is killing young people and is a mild disease in the elderly. (The elderly have weakened immune systems.) This vaccine is a very powerful immune stimulator and carries the real possibility of making the lethality of the virus much greater.

One’s best protection is vitamin D3. One should take 5000 IU a day now and when the disease begins to spread increase the dose to 15,000 IU a day. Vitamin D3 modulates the immune reaction, reducing the chance of an overreaction and stimulates the body to produce what are called antimicrobial peptides, which are powerful killers of viruses that does not involve immunity. This is dose related, which means the higher the dose of vitamin D3 the better the protection. Fish oils (the best is Carlson’s Norwegian lemon flavored fish oil) also reduce immune overreaction. One teaspoon a day should be sufficient. For severe symptoms, one teaspoon twice a day. Antioxidants of various kins also help—this includes, quercetin, curcumin, grapeseed extract, vitamin C and natural vitamin E. A good multivitamin/mineral such as Extend Core (www.vrp.com) is also essential.

Feel free to spread this around. People need to know how to protect themselves."

Russell
RUSSELL L. BLAYLOCK, M.D.

Dr. Blaylock is a board certified neurosurgeon, author and lecturer. He attended the LSU School of Medicine in New Orleans and completed his general surgical internship and neurosurgical residency at the Medical University of South Carolina in Charleston, South Carolina. During his residency he ran the neurology program for one year and did a fellowship in neurosurgery after his residency. For the past 25

years he has practiced neurosurgery in addition to having a nutritional practice. He recently retired from both practices to devote full time to nutritional studies and research.

During his residency training he worked with the eminent neurosurgeon, Dr. Ludwig Kempe. Together they developed the transcallosal removal of intraventricular tumors, which is still used today. Dr. Blaylock presented their cases utilizing this technique to the Congress of Neurological Surgeons. They also developed the ventriculolymphatic shunt in the treatment of hydrocephalus. In addition, they conducted neuroanatomical studies together with the aim of developing improved approaches in vascular intracranial surgery.

It was during his residency that Dr. Blaylock did much of the primary work on intraventricular monitoring of craniocerebral trauma patients, which was reported in the scientific literature. He also worked closely with Dr. Peter Jannetta during Dr. Jannetta's early research on vascular compression of the cranial nerves as a cause of trigeminal neuralgia and hemifacial spasm. Dr. Blaylock was one of the first neurosurgeons to utilize high-intensity nutritional supplementation in craniocerebral trauma patients, which met with great success.

Dr. Blaylock has written and illustrated three books. The first book was on the subject of excitotoxins (Excitotoxins: The Taste That Kills) and how they are related to diseases of the nervous system. His second book, Health and Nutrition Secrets That Can Save Your Life, covers the common basis of all diseases, nutritional protection against diseases of aging, protection against heavy metal toxicity, the fluoride debate, pesticide and herbicide toxicity, excitotoxin update, the vaccine controversy, protection against heart attacks and strokes and contains a new chapter on omega-3 fats. This book has been newly revised as an oversized paperback. His third book, Natural Strategies for Cancer Patients, was released in April, 2003 and discusses the ways to defeat cancer, enhance the effectiveness of conventional treatments and prevent complications associated with these treatments. In addition, he has written and illustrated three chapters in medical textbooks, written a booklet on nutritional protection against biological terrorism and written and illustrated a booklet on multiple sclerosis. He has written over 30 scientific papers in peer-reviewed journals on a number of subjects.

Since the publication of his first book he has been a guest on numerous national and international syndicated radio programs and appeared on the 700 Club several times. He appeared on Nutritionally Living with Dr. Ward Bond. Presently, he is engaged in a monthly radio program discussing his book, Health and Nutrition Secrets on Raymond Francis' program Beyond Health. The series will run for 12 months. He lectures widely to both lay and professional medical audiences on a variety of nutritional subjects.

Dr. Blaylock serves on the editorial staff of the Journal of the American Nutraceutical Association and is the associate editor of the Journal of American Physicians and Surgeons, official journal of the Association of American Physicians and Surgeons. He has a monthly nutrition newsletter, published by NewsMax.com, The Blaylock Wellness Newsletter.

Dr. Blaylock serves as the medical consultant for the Fluoride Toxicity Research Collaborative. He was recently awarded the Integrity in Science award by the Westin Price Foundation. Presently, he is a visiting professor in the department of biological sciences at Belhaven College in Jackson, Mississippi.

>> At present he is a member of the American Association of
>> Physicians and Surgeons, the American Nutraceutical

>> Association, the International and American Associations of
>> Clinical Nutritionist, the International Academy of Oral
>> Medicine and Toxicology, American College of Nutrition,
>> American Association for Health Freedom, National Health
>> Federation, American Academy of Anti-Aging Medicine and the
>> Price-Pottenger Nutrition Foundation. He was recently
>> appointed as a member of the Academy of Anti-Aging
>> Medicine and the Price-Pottenger Nutrition Foundation. He
>> was also recently appointed as a member of the Scientific
>> Advisory Panel of the Life-Extension Foundation.