



College of International Holistic Studies





PRESENTS
Lecture #DGO-100




**GEMMOTHERAPY and OLIGOTHERAPY
for NATURAL HEALTH PRACTITIONERS**

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Dr. of Natural Health
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CIHS - College of International Holistic Studies

- Canadian-based, international institution of higher learning
- Providing education of the highest standard
- Offering one of the most comprehensive holistic medicine programs in the world
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- Affiliated with numerous national and international accreditation organizations and boards
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- All courses have the underlying philosophy conceptualized around Nature possessing the tools for healing

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**Department of Biology
Human Cell Physiology Division**

Duration is Thirty (30) Study Hours
Diploma Awarded / Gemmotherapist Board Certification Exam Eligible


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Lecture Construct

<p>Part 1</p> <p>CIHS - College of International Holistic Studies General Prerequisites Diploma and Certification LECTURE CONSTRUCT WELCOME PREFACE WHAT IS GEMMOTHERAPY BRIEF HISTORY OF GEMMOTHERAPY STEM CELLS</p> <p>Part 2</p> <p>DISCLAIMER</p> <p>Part 3</p> <p>GEMMOTHERAPY CONSTITUENTS PHYTOHORMONES EMBRYOPHYTOTHERAPY Brief Sample List: Principle Clinical Indications of Gemmotherapy Warning Labels</p>	<p>Part 4</p> <p>AN ADJUNCT Oligotherapy Gemmotherapy Concurrent with Oligotherapy Posology for Concentrated Gemmotherapy Delivery Posology Monitoring Cleansing Methods Juice Fasting Essential Oils that Play a Role in Detoxification Probiotics</p> <p>Part 5</p> <p>CONCLUSION Course Overview Who Should Take This Course</p>
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WELCOME



Welcome, everybody; and, thank you for attending this lecture.

Unlike many other lectures designed to enrich your knowledge about a subject you are currently studying, my lecture is different.

This lecture will introduce you to something rarely studied by English-speaking people at large and North Americans in particular.

My lecture serves as an exordium to *gemmotherapy*.


I trust that immediately following my lecture, here today, which gives you an introduction to gemmotherapy, you will want to pursue the option of getting certified through our college as a *gemmotherapist*.

Certification is possible after successfully completing the course entitled *Gemmotherapy and Oligotherapy for Natural Health Practitioners*; and the international certification exam administered by the board that globally oversees gemmotherapists.

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PREFACE



Let me say this before I continue:

Although the course title specifies "natural health practitioners," that does not close the door to conventional medical providers, medical doctors, or integrative medicine professionals; nor does it suggest we want to shutout legitimate wellness practitioners.




The title, simply, makes sure the reader understands that gemmotherapy belongs to the realm of natural medicine.

It is, therefore, not a fraction of modern, Western World, mainstream medicine that is so entrenched in its synthetic, pharmaceutical-based, "symptom treatment" paradigm.

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WHAT IS GEMMOTHERAPY




Gemmotherapy is **not** about using gemstones for healing, even though that tends to be the first impression most uninformed laypeople develop from the title.

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Actually, gemmotherapy is a modern, powerful, natural, plant-based, medical intervention that focuses on the cause of disease.

It is the amalgamation of herbal medicine and homeopathy.

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It is the amalgamation of herbal medicine and homeopathy.

Gemmotherapy uses a mixture of glycerin and alcohol-macerated (separated constituents by soaking) plant bud extracts and other young vegetable tissue (typically the rootlets, bark, catkins, seeds, and sap extracts) freshly harvested from live plants, during their growing stage.

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BRIEF HISTORY OF GEMMOTHERAPY

Partly rooted in botanical medicine, as stated above, gemmotherapy manifested as a logical progression of phytotherapy concepts.

Since before recorded history, mankind has turned to plants for their therapeutic or medicinal values; making herbalism the oldest form of healthcare known to human kind.


For centuries, herbalists used the leaves, flowers, stems, berries, and roots of plants to prevent, relieve, and treat illnesses of all kind.

The buds of the herbs, however, also contain powerful properties.

Honeysuckle (botanic name *Lonicera caprifolium* / *Lonicera japonica*; common name also Jin Yin Hua) is another example of therapeutic and medicinal property differences between immature and mature plant tissues.

The traditional uses of the honeysuckle in herbal medicine include cases of asthma and related respiratory disorders that affected the chest, gout, kidney stones, and liver problems of all kind.

The buds, however, were employed against headaches, great thirsts, sore throats, fevers, and the common cold.



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BRIEF HISTORY OF GEMMOTHERAPY

The fact that different parts of plants possessed diverse healing properties was known for ages.

However, the idea of harvesting just the buds, or embryonic, tissue and diluting them according to homeopathic principles, was first conceived in France during the 1950s by a group of medical homeopaths who had a wide-array of diversified interests in natural medicine.

Gemmotherapy, soon thereafter, was born as a form of herbal medicine in France during the mid-1960s.



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After a goody sum of clinical research, clinical trials, and actual successful treatment protocols using gemmotherapy, it spread throughout France and into Italy, during the 1970s.

1970s



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In the 1980s, some research was published in English.

1980s



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BRIEF HISTORY OF GEMMOTHERAPY

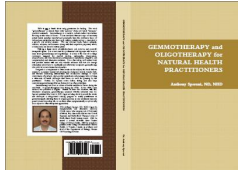
Until, that is, in 2002 when Dr. Marcus Greaves published his book entitled *Gemmotherapy and Oligotherapy Regenerators of Dying Intoxicated Cells*;

followed by when Dr. Speroni began lecturing in 2004 about gemmotherapy around the world, published his book, *Gemmotherapy and Oligotherapy for Natural Health Practitioners*, in 2009, and eventually developed a college-level, college-based training program to certify practitioners as gemmotherapists

(allowing healthcare and wellness professionals to employ gemmos as sole nutritional measures geared toward improving life or use them either symptomatically or systemically as an adjunct to other therapeutic approaches).

Outside of those two countries, though, with few, diminutive exceptions, gemmotherapy remained virtually unknown to most of the Western World of Medicine, at large, and English-speaking medical professionals, in general.





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PHYTOHORMONES

The plant buds, young shoots, and rootlets are rich in *phytohormones*.


The phytohormones present in gemmotherapy remedies are concentrated and act on human organs to gently stimulate and promote:

- elimination,
- protein synthesis,
- detoxification,
- nourishment,
- RNA repair,
- and
- select tissue regeneration.

Human Growth Hormones (HGH) pose the risk of cancer. Plant Growth Hormones pose no such risk.

Gemmotherapy solutions containing plant growth hormones are used for:

- athletes (and are not detectable through even advanced blood test screenings for illegal drug and hormone (substance) abuse)
- growth problems in children (without rendering adverse side effects)
- wound and skin injuries (without the need to include pharmaceutical antibiotic agents)
- reversing the consequences of aging (without surgery)
- hormone replacement therapy for aging men and women (without adverse side effects)



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PHYTOHORMONES

Plant Growth Hormone (PGH) provides beneficial effects in humans, when consumed in the concentrations found in gemmotherapy solutions. PGH benefits include:

- acceleration of wound healing
- acceleration of skin regeneration
- general organ and organ systems' healing
- enhanced immunity
- promotion of weight reduction (up to 15% body fat reduction in 6 months without dieting)
- rehabilitation factors following injury
- antiaging action (actually reversing the biological and physical effects of aging in many cases)
- improved memory retention
- improved cognitive functions
- improved vision
- increased cardiac output
- increased energy level
- increased endurance
- increased capacity for exercise
- maximization of athletic performance
- reversed muscle wasting
- reversed osteoporosis
- increased lean muscle effects (up to 10% in 6 months without exercising or additional protein consumption)
- reduced responses to stress
- improved liver function
- improved kidney function
- improved sleep experiences

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PHYTOHORMONES

The embryonic part of the plant is particularly effective for drainage and detoxifying actions on the human body.

Mature plants, just as with adult human beings, are less vibrant than those younger than them; and they have been exposed to exogenous toxins in the environment for years, thus accumulating many toxins while cleaning the polluted air, soil, and water.

For this reason, mature plants can, actually, pollute the organisms that consume them; the pollution realized from some adult plants rivals the pollution common to some drugs.

Thus, whether the fully developed plant provides little value or pollution, it has suspect value to humans.



Synthetic pharmaceutical agents (medicinal prescription and over-the-counter drugs), most herbs, and homeopathic remedies that are prepared from the whole plant (usually flowering) do not have many of the key elements (growth factors, phytohormones, auxins, and gibberellins) present during the growth stage of plants.

This is because the gemmae (buds) contain many active principles that start to disappear after a plant reaches a certain point in its development.

These principles are found only in the buds of a plant and not in matured plants.

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EMBRYOPHYTOTHERAPY

Earlier, I spoke about gemmotherapy being classified as within homeopathy as phytotherapy.

In all actuality, though, and technically speaking, gemmotherapy is neither true homeopathy nor herbal medicine.

It is not homeopathy because there has been no proving; the remedies are not matched according to symptoms and signs but through understanding of the physiology, biochemistry, and physiopathology of diseases; and, because the strongest potency factor is deemed five percent (5%) concentration.

It is also not herbal medicine per se, although very close to it, because there is very little, if any, traditional use of specific mature or older parts of plants, as we covered earlier.

It is, therefore, more accurate to classify it independently, and call it *embryophytotherapy* or *phytoembryotherapy*, as did Dr. Pol Henry, a Belgian medical doctor (1918-88).



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EMBRYOPHYTOTHERAPY

Gemmotherapy is the all-in-one, all natural, nonviolent power for best supporting and complementing natural measures in the pathways designed to regain health, maintain wellness, and support long-term wellbeing!

Gemmo remedies and complexes contain the vegetable "Live Stems Cells" of the vegetable world, as stated hereinabove. Chief features of gemmotherapy, Live Stems Cells, are:

- Detoxification (at a cellular level) – chemical reactions that purify and cleanse cells
- Drainage (at an organ level) – stimulates the removal of toxins from our bodies through organ fluids (blood and lymph); eliminates edema; cleans the interstitial fluid compartment
- Regenerates dying cells - oxygenates cells and elevates cell vitality
- RNA repair - stimulates growth with active gibberellin and auxinic hormones; stimulates emunctory functions of various organs and glands (organs or ducts that remove or carry waste from the body)
- Nourishes (bio-absorbable) – delivers a full spectrum of natural antioxidants, hormones, enzymes, vitamins, minerals, trace elements, amino acids etc.
- Reduces the need for nutritional supplements and virtually eliminates mega-dosages of supplemental products
- Rekindles worn out vital organs and organ systems - through organ excitation, gemmotherapy improves functioning
- Antiaging - rejuvenates organs, skin tissue, and cells; stimulates blood and lymph activities.

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EMBRYOPHYTOTHERAPY

Brief Sample List: Principle Clinical Indications of Gemmotherapy

- ABIES PECTINATA (Spruce Fir Buds): Decalcification and rickets, dental caries, and late growth.
- ACER CAMPESTRIS (Maple): Sequella (aftermath, secondary consequence) of poliomyelitis and paralysis.
- AESCULUS HIPPOCASTANUM (Horse Chestnut): Hemorrhoids, varicose veins (also of the larynx), phlebitis, varicose ulcers.
- ALNUS GLUTINOSA (European Alder): Sequella of cerebral hemorrhage, cerebral infarction, and chronic rhinitis.
- AMPELOPSIS WEITCHII (Wild Woodvine – young shoots): Anti-inflammatory action, chronic rheumatism, rheumatoid arthritis.
- CARPINUS BETULUS (Hornbeam buds): Spasmodic and chronic rhinopharyngitis, spasmodic cough, sinusitis.
- CEDRUS LIBANI (Cedar of Lebanon): Aging skin, dry eczema, ichthyosis, and pruritis.
- CORYLUS AVELLANA (Hazelnut Tree): Emphysema and pulmonary fibrosis, hepatitis, cirrhosis of the liver.
- CRATAEGUS OXYACANTHA (Hawthorne): Cardiac insufficiency, precordial pain, tachycardia, sequella of infarction.
- FAGUS SYLVATICA (European Beech buds): Antiaging agent, renal insufficiency, renal lithiasis, thyroid insufficiency, obesity.

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CONCLUSION

In spite of the rising *health care* costs that provide the illusion of improving health care, the American people did not then, and do not today, enjoy good health, compared with their counterparts in other industrialized nations.


Among thirteen countries including Japan, Sweden, France and Canada, the U.S.A. was ranked 12th, based on the measurement of 16 health indicators such as life expectancy, low-birth-weight averages, and infant mortality.

In another comparison reported by the World Health Organization (WHO) that used a different set of health indicators, the U.S. also fared poorly with a ranking of 15 among 25 industrialized nations.



The fuel feeding conventional medicine's treatment engine is drugs.

Literally, trillions of dollars per year go toward (legal) drug treatments that range, by majority percentage, from useless to harmful to lethal.



In fact, data from the U.S. Food and Drug Administration's (FDA) *Adverse Event Reporting System* (known as "MedWatch" reports) show that the annual number of reported serious (34,966) and fatal (5,519) adverse drug events (ADEs) more than doubled between 1998 and 2005, increasing to 89,842 and 15,107, respectively.


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CONCLUSION

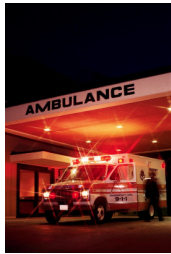
According to a July 2006 report from the National Academies of Science's Institute of Medicine (IOM), *preventable medication mistakes injure more than 1.5 million Americans annually.*

Many such errors result from unclear abbreviations and dosage indications, as well as illegible writing on some of the 3.2 billion prescriptions written in the U.S. every year.



Drug-related morbidity and mortality have been estimated to cost more than \$136 billion a year in United States of America, alone.

These estimates are higher than the total cost of cardiovascular care or diabetes care in the United States.



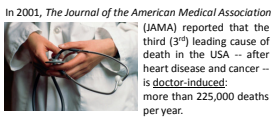
A major component of these costs is adverse drug reactions (ADE).

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CONCLUSION

In 2001, *The Journal of the American Medical Association* (JAMA) reported that the third (3rd) leading cause of death in the USA -- after heart disease and cancer -- is **doctor-induced**: more than 225,000 deaths per year.



Doctor-induced deaths are classified as a disease. Iatrogenic disease is defined as disease induced in a patient by a doctor's activity, manner, or therapy; in other words, it is a side effect, adverse response, or complication of conventional treatment and mainstream health care.



The JAMA article dealt only with deaths in a hospital setting.


It did not take into account several other factors such as complications and errors not resulting in deaths but which cause serious illnesses requiring more tests, more drug sales, more emergency room visits, and more surgery.

Also not looked at were problems that occur in non-hospital settings: walk-in clinics, doctor's offices, private laboratories, etc.

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CONCLUSION



The drug problem in America – in the world – demands our immediate attention and commands natural health practitioners into action.

The iatrogenic disease issues in America – in the world – also demand our immediate attention and command natural health practitioners to alert and aid the masses.

Natural health options and solutions at large and gemmotherapy concurrent with oligotherapy specifically, may do nothing for Western mainstream medicine; but they, certainly, offer an opportunity for countless souls among the sick to, finally, focus on the cause of their diseases and demand real, safe, permanent resolutions to the health problems in America – in the world.

This course is not about being *politically correct*.
It is about helping people.
It is about targeting the cause of disease instead of masking symptoms.
It is about training practitioners, one-by-one, so we can stop disease care and concentrate on wellness strategies and support methods.

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CONCLUSION

Course Overview
This course provides practitioners, the knowledge and data required to implement the use of gemmotherapy concurrent with oligotherapy successfully in their practices, regardless of relative discipline(s) in conventional as well as complementary and alternative medicine.

Emphasis focuses on the power of gemmotherapy solutions and is complemented by Dr. Speron's personal application and interpretation of gemmotherapy applications and purposes. Gemmotherapy is discussed concurrent with oligotherapy, for increased effectiveness and speed.

Complementing and integrative options using homeopathy and essential oils are also included in this course. Emphasis is on organ and system detoxification as well as cellular-level cleansing, drainage, and chelation.

Who Should Take This Course
The educatee for this course is one who is presently in some field of practice related to healthcare (all conventional and/or complementary and alternative medicine disciplines) as well as those among the student body who are planning on entering into practice; and those who are engaged in the process, or planning the integration, of safe, natural, non-pharmaceutical treatment options into their practices.

This course is also excellent as a continuing education credit option.

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GEMMOTHERAPY
