



The College of International Holistic Studies

The College of International Holistic Studies is built on a firm foundation designed to synergistically blend the rigors of medical science with the time-tested power of alternative and integrated therapies. Our teachers are selected for their expertise and ability to blend both science and the art of healing. Each program is designed to provide you with the practical knowledge and experience to heal using real-world tools, as well as the consciousness to appreciate the metaphysical tools that our souls provide.

Diploma in Aromatherapy

DIPLOMA CODE: ARO100

Aromatherapy is the study and use of powerful anti-viral, anti-fungal, anti-bacterial essential oils for massage, and other related therapies to enhance wellness and promote deep relaxation.

This program integrates advanced therapeutic methods for a more comprehensive healing effect.

Students will also learn how to make creams and specific blends for each individual client for a variety of health conditions.

The **online** format is very unique to CIHS. The student will be exposed to the proprietary CIHS Virtual Classroom for the instructional tutorials, practical videos and exams.

After attaining the Diploma in Aromatherapy the successful Graduate can apply to the Canadian Examining Board of Healthcare Practitioners (cebhpc.com), to become a **Registered Aromatherapy Health Practitioner - RAHP**.

ONLINE COURSES:

ARO101 Aromatherapy Theory and Blending

ARO102 Aromatherapy Lymphatic Drain Video

APP102 CIHS Custom—Introduction to the Human Body

BIZ101 Business Ethics

EVALUATION:

- Completion of required reading assignments, tests and exams
- Satisfactory completion of 24 case studies, each with short explanation
- 25th case study requires an accompanying 1000 word dissertation
- Practical lymphatic drain video submission
- Minimum grade of 70% on each module test
- Minimum grade of 70% on final exams

PREREQUISITES:

- High School Diploma or Adult Student status
- Fluent in the English Language

DURATION:

- 500 clock hours based on 8-10 hours a week for 50 weeks (12 months)
- Program must be completed within 12 months from registration date or extension fees will apply.



INNOVATIVE LEARNING THROUGH CIHS **ONLINE** VIRTUAL CLASSROOMS

Visit www.cihs.ca or www.naturalmedicinecollege.ca

to receive a **BROCHURE** that includes tuition pricing

Tel: 877-596-2368

Email: admissions@cihs.ca

Registered with CRA/HRDC #7009/8340 for Education Tax Certificates



Diploma in Aromatherapy

COURSE DESCRIPTIONS:

ARO101 Aromatherapy Theory

The course contains the History of Essential Oils, Olfactory Process, the Limbic System, Absorption through the Skin, The Lymphatic System, Methods of Extraction, Essential Oil Production and Adulteration, Effective Application, Safety Guidelines and Contra-Indications, Glossary of Therapeutic Action, Carrier/Base Oils, Varied Applications, Classification of Plants, Therapeutic Grade Essential Oils, Chemistry of essential oils, Chemical constituents of some commonly used essential oils, Essential Oil Monographs, Anise to Ylang Ylang, common conditions aided by Aromatherapy, Compresses, Poultices, Pregnancy, Children/Babies, Fragrant Way to Beauty, The Aromatherapy Massage, and finishes with the Aromatherapy Consultation.

ARO102 Aromatherapy Lymphatic Drain Technique

This course teaches students how to give a sixty minute , relaxing lymphatic drainage using essential oils for healing. The video breaks the teaching into sections starting with the manual assessment technique. From there it teaches how to work upper and lower back, back and front of legs, stomach, shoulders, neck and finishes with the face. Each section is thoroughly explained and easy to follow along. The video can be started, stopped and rewind as many times as necessary and provides a wonderful way to repeat content as needed. The video finishes with how to prepare a blend specifically for each client.

APP102 CIHS Custom Introduction to the Human Body

Students will learn the basic knowledge of all anatomical and muscular/skeletal parts required in body care. They will also gain an understanding of disease and disorder relationships such as Human cell structure, General anatomical features, Skeleton and Musculature, Digestive System, Respiratory System, Circulatory System, Blood, Lymphatic System, Nervous System, Sensory Organs, Urinary System, Genital Organs, Human Reproduction, Endocrine System and Immunological System.

BIZ 101 Business Ethics

All professionals need to have an informed consent form outlining their capabilities to their clientele. The graduate needs an understanding of their scope of practice and a code of ethics that govern their practice. This course teaches the legalities around these requirements. Each student will be required to submit all 3 forms so that they understand their legal rights and obligations.

PAYMENT OPTIONS (CAD\$):

Payment in full at start of the online program \$1885.00

Payment Course by Course:

ARO101: Aromatherapy Theory	\$595.00
APP102: CIHS Intro to the Human Body	\$595.00
ARO102: Practical Massage Technique Video	\$795.00
BIZ101: Business Ethics (included in tuition)	

Online Tuition includes:

- The Aromatherapy Ebook by Dr. Linda Henderson and Lifetime access to program materials provided courses are completed within allotted timeframe.
- T2202 Education Tax Certificate
- Access to Virtual Classroom modules, tests & final exams

Tuition does not include textbook:

CIHS Custom Introduction to the Human Body \$69.95

- **To Register for this program please proceed to Home Page Student Registration Button on www.naturalmedicinecollege.ca**
- **CIHS does not guarantee employment after graduation from any of its programs**



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