



The College of International Holistic Studies

The College of International Holistic Studies is built on a firm foundation designed to synergistically blend the rigor of medical science with the time-tested power of alternative and integrated therapies. Our teachers are selected for their expertise and ability to blend both science and the art of healing. Each program is designed to provide you with the practical knowledge and experience to heal using real-world tools, as well as the consciousness to appreciate the metaphysical tools that our souls provide.

Diploma in Reflexology

DIPLOMA CODE: RFX100 (12 months)

An ancient therapy used in China, Egypt, and India, reflexology provides effective, holistic treatment for both common and more serious disorders. According to reflexology, the hands and feet are microcosms of the body, containing points or zones that relate to individual glands, nerves, muscles, and organs.

Reflexology harnesses the body's healing energy by stimulating specific pressure points on the hands and feet, alleviating the energy blocks that can cause pain or disability and restoring optimum health.

In The Reflexology Manual, the practical text guides the reader in mastering these self-help techniques, and color photographs illustrate a full reflexology treatment step by step.

In addition to the completion of theory on-line, the student will also view the practical step by step instruction video.

After attaining The Diploma in Reflexology, the successful Graduate can then apply to the Canadian Examining Board of Healthcare Practitioners (cebhp.com), to become a **Certified Reflexology Health Practitioner CRHP**.

COURSES:

RFX 101 Reflexology Theory

RFX 102 Reflexology Practicum Video

APP 102 CIHS Custom Anatomy & Physiology

BIZ 101 Business Ethics

EVALUATION:

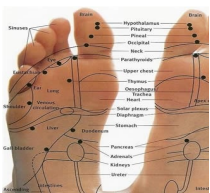
- Completion of required reading assignments and exams
- Satisfactory completion of 20 case studies
- Minimum of 70% on tests and final theory exam
- Minimum of 70% on Practical Video submission

PREREQUISITES:

- High School Diploma or Adult Student status
- Fluent in the English Language

DURATION:

- 500 clock hours based on 8-10 hrs a week for 50 weeks (12 continuous months) includes Theory, Practical Video Instruction, Anatomy, Physiology and Business Ethics



INNOVATIVE LEARNING THROUGH ONLINE VIRTUAL CLASSROOM COURSES

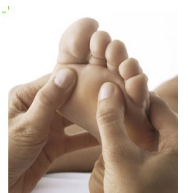
Visit www.cihs.ca or www.naturalmedicinecollege.ca

to receive a **BROCHURE** that includes tuition pricing

Tel: 877-596-2368

Email: admissions@naturalmedicinecollege.ca

Registered with CRA/HRDC #7009/8340 for Education Tax Certificates



Diploma in Reflexology

RFX 101 Reflexology Theory

RFX 102 Reflexology Practicum

APP 102 Basic Anatomy & Physiology

BIZ 101 Business Ethics

TUITION PAYMENT (CAD\$):

Payment in full at beginning of program	\$1750.00
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Payment course by course:

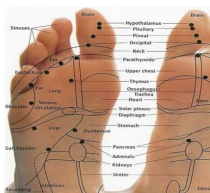
Tuition includes:

- The Reflexology EBook and Lifetime access to program materials provided courses are completed within allotted timeframe.
- T-2202 Tax Receipt

Tuition does not include textbooks:

- Custom CIHS Introduction to the Human Body E Textbook **\$69.95**
- The Reflexology Manual: An Easy-to-Use Illustrated Guide to the Healing Zones of the Hands and Feet **\$15.00**

CIHS does not guarantee employment after graduation from any program



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